Are Dragons Real Beings? YES!

Do Chinese Descend from Dragons? The Answer Will Amaze You!

by Michael Winn



HealingTaoUSA.com Feb. 2024 Newsletter *Qi Flows Naturally*

Feb. 4, 2024 began Year of the Yang Wood Green Dragon in China's solar calendar. Lunar calendar began Feb. 10, second new moon after Winter Solstice.



A surge of dragon Qi impelled me to take a deep dive into dragon's true reality. Are they mythical beasts, purely a product of human imagination, or an integral part of Nature, granting them ontological status as "real"?

This study combines scholarship with decades of personal Taoist practice working with dragons. The Red Dragon Spinning Pearl Orbit and Primordial Tai Chi Seasonal Dragon Ceremony are discussed in detail.

Like humans, dragons lead multi-dimensional lives. This requires distinguishing between dragon beings and bodies. My Inner Sage and immortal spiritual guides, who live in. higher dimensions, assisted with key insights as to why dragons stopped physically materializing in the 13th century c.e.

Because moderns are so heavily influenced by science, I offer an integral view of materialism, quantum studies of consciousness, and the physical and psychic functions of dragons within Gaia – Pangu as a living planetary being -- who is also an embodied dragon!

In this cosmology map, planet and star beings are part of an Over Soul network. The speed and direction of their spin is a key defining characteristic – which is also a defining trait of dragons.

A planetary Over soul like Gaia may birth more individuated aspects of her spin that we might call "dragon souls". These may birth sub-souls that are vibrating slowly enough to enter physical realms and interact with humans.

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China's Geo-Centric World View

Sky-centric Western astrology has month-long zodiac "sun signs". Chinese astrology is geocentric. Each of 12 Earth Animals are paired with one of Heaven's 5 Elements, and each combo rules Earth for an entire year.

It gives this Wood Dragon a year-long power to deeply influence everyone, not just those born in a dragon year.

Geo-centric astrology is cosmic acupuncture. It's about regulating our body's meridians and yinyang and 5-phase constitution, which are in sync with seasonal cycles of change on planet Earth. These are regulated from within our planetary Energy Body.

Western astrology is about human character archetypes radiating down onto our surface from other planets and stars. These influences are more external.

The global fascination with dragons is un-mistakable, in both ancient and modern times. Babylonia used to have a 13th zodiac sign of Draco (the Dragon) in 3000 b.c., a set of stars encircling the Pole Star.

Dragons play a key role in Greek myth and in many other cultures. But they are especially prominent in China, where the belief persists their race is descended from dragons.

Astrologer Kelley Hunter sums it well:

"Dragons must have been visible at some point, to have made such a strong impact on the global imagination and dream space".

My 10-year old son Emerald and I have watched dozens of dragon movies, read dragon books like *The Enchanted Forest: Talking with Dragons, The Hobbit* with its erudite dragon Smaug,

He read aloud the entire *Dragon Masters* 25 volumes. It's about 8-year olds who ride on the backs of dragons, each with special powers, to battle evil wizards.

What's behind the intense global magnetic and psychic pull of dragons?

There have been no recent "mass sightings" of dragons. Today it's more a spiritual pull from within. The outer myths and dragon adventures awaken an awareness of our *inner dragon powers*.

Our inner dragons function as gate-keepers of our deepest feelings and core (soul) consciousness arising from Origin (= New Age "Source"). It's very scary for our outward-looking personality to get past these dragon guardians.

These inner guardians want to make sure we are spiritually tested, that we are truly ready to enter the unfamiliar realm of *pure light and sound* in our core psyche.

There is a risk of going mad as the personality mostly dissolves. A well-grounded human Energy Body (soul) must be in place before our inner dragons will allow us to enter.

Are these dragon-guardians in our psyche purely a metaphor, or are they connected to a larger reality, or the micro-cosmic emanation of real dragon beings?

What awaits deep inside us is a portal to Origin, a vast ocean of pure love and oneness. A loving spiritual relationship with dragons is reflected in a poem my son wrote at age 7:



Double Dragons Loving my Heart drawn by Emerald Winn

Love Poem to My Pink Dragon

By Emerald Winn

Hot mist rises from my my Love Dragon's nose. It is pink, but doesn't smell like a rose. Tired from loving me all day long, he rests his whiskers on a pink cloud.
And snores out loud.

How I love my dragon! He's never angry with me. With him inside my heart, I feel calm and free.

Fire dragons are hot, water dragons are cold. Some dragons are young, some dragons are old.

What makes MY dragon special? His love is SO bold.

All dragons spiral in a Yin-Yang dance. When my dragon twists and turns, I begin to prance.

Love Dragon and I soar high above.
His pink heart spews out hot flames of love.

Are Dragons Real Beings?



"I know birds can fly, fish can swim, beasts can run. To capture them requires arrows, fish lines and nets. But I had no idea how a dragon can ride on winds and clouds, and soar to heaven—until I met Lao Tzu!"

- Confucius, 6th cen b.c. to his disciples, after meeting Lao Tzu, author *Tao Te Ching*, foundational Taoist text

Are dragons real beings?

This is a tricky question.

We know Confucius believed in them, even though his advice was to focus on society, not spirits or the super-natural.

What would Lao Tzu (Laozi) say?

My guess: "The answer will reflect your level of spiritual cultivation".

Chuang Tzu (Zhuangzi), Lao Tzu's philosophical successor, might say, "It depends on your definition of real". He did not trust language, only direct experience of Qi.

The Tao is very deep. It holds an amazing variety of realities, far beyond the narrow focus of ordinary sensory perception.

I've had many tangible encounters with dragons. But what is energetically tangible to me, may be invisible to others.

I'm not crazy, nor deluded. I wasn't born with any special spiritual gift. I'm an over-educated Ivy League graduate. I subscribe to three science journals, so I know the overlap and differences between Quantum Mechanics and Taoist Qi Science.

Subatomic particles are dumb, mechanical energy workhorses following instructions. Qi is the life blood of a living cosmic being. Qi waves are the energetic carrier to express its intelligence and creative free will.

I've taught subtle Qi methods for decades – at least 25,000 hours, and spent another 100,000. + hours in alchemical meditation. I can easily sort the wheat from the chaff. I know what is spiritually valuable, i.e. real, and what is not.

I regularly use dragon Qi to deepen my evolution.



Lao Tzu is often depicted with a staff that symbolizes his mastery of dragon power.

My conclusion is dragons are REAL BEINGS, who can move easily between astral (dream) and physical planes.

As natural beings they radiate Real Qi waves, infused with spiritual qualities. Their Qi can be captured and put to good use by human Beings.

The Beatle John Lennon, with a musical imagination second to none, held a similar view:

"I believe in everything until it's disproved. I believe in fairies, myths, and dragons. It all exists, even if it's in your mind. Who's to say that dreams and nightmares aren't as real as the here and now?" — John Lennon

You don't need a dragon *body* to authenticate a dragon *being*.

Everyone should "believe in" whatever it is they want most to explore.

Do you believe in imagined laws of physics, or believe in religious deities, or believe in Gaia and her 5 elemental dragons? It is a matter of personal preference. You can believe in all of the above, as simultaneously co-existing.

Beliefs are choices; they influence our destiny. They reveal the changeable scaffold of our largely unconscious psyche, but do not claim to define absolute truth. Beliefs are temporary, local, personal truth.

How do beliefs shape *our* imagination? A Tai Chi classic's title says it all in three words: *Imagination Becomes Reality* (T.T. Liang, 1992).

Material science beliefs claim to be "factual" or "real", but are based on a *belief* in the "laws of physics". WHO created these laws?

Those laws are beliefs in abstract math equations, easily turned into a Facts-as-Deity cult called *scientism*.

Materialists believe 3-D tangibility is the "core" reality. Tao cosmology see 3-D as the thin outer skin of three nested heavens, filled with pulsing Yin-Yang Qi. The outer layer or physical plane (Later Heaven) is vibrating very slowly, projecting the illusion of solidity.

Science is a set of hypotheses, which are just "tentative beliefs", mostly about some tiny slice of 3-D reality. A scientific fact is generally an external observation or description.

Science does not offer a direct internal experience of the Big Bang, or personal contact with the inner nature of a sub-atomic particle.

Taoist Qi scientists don't need to physically touch a dragon, or snap its photo, to verify if it is a Real Being. As human Beings, we each can internally sense if a vital organ spirit inside our mind is real.

Likewise, we can sense the reality inside Gaia's eco-system, which might include a dragon as an aspect of its living Being.

I don't have blind faith in dragons. Better to be a blood hound in subtle energy realms. Invoke what you seek, then track whatever Qi flow shows up, until you get to its source.

Tao Inner Alchemy has many energetic methods to intensify contact with a dragon or verify its reality as a Being. One excellent method is the Red Dragon Spinning Pearl Orbit (see below).



Wow! A Dragon Merged into My Body

Even if dragons do not visually appear in physical bodies in our time period, it doesn't mean they are any less active.

One afternoon I was doing *bagua zhang*, an internal martial art based on the 8 trigrams of the I Ching. I was spiraling in and out from a circle of 8 symbol-directions into the 9th center, a neutral space for fusing the eight streams of Qi back into Origin.

Then I sat down to meditate. But something strange happened. I saw smoke or vapor coming out of my nose – lots of it! Then I realized I could not move. I was immobilized by some force infused into my personal Energy Body.

It took me a few more minutes to realize I had either merged with a dragon, or had been overshadowed by one. I was in shock.

I opened my mouth to exhale, and flames came out. Very spooky! This was mid-afternoon, broad daylight. I couldn't do anything but watch in amazement. Finally, after ten minutes that seemed an eternity, the dragon lifted off me and disappeared.

Now you understand why I KNOW that dragons are REAL Beings. I did not apply any imagination or belief. The merging was *wu wei*, a spontaneous experience that marks it as the highest level of Tao authenticity.

My Inner Sage* later told me this dragon was a guardian, assigned to me by my Over Soul group (*da shen*, Great Spirit), and is still hanging out in the ethers near me. I feel good about having an invisible dragon ally. Don't mess with me, or I will singe the hairs on you! ©

*Inner Sage is cultivated from one's soul spark in inner alchemy to become functional cosmically. It's not channeled, not New Age "Higher Self".

It mediates between my local body-mind and the higher dimensions within my Energy Body that connect to Origin. When I die, Inner Sage hopefully will become a spiritual immortal, i.e. my vessel to continue creating.

Dragon Threw a "Friendly" Lightning Bolt at Me



It is widely accepted in China that dragons control all weather phenomena at the elemental level. A tornado or hurricane vortex is a rapidly spinning dragon. We know tornados have the multi-dimensional power to fuse a piece of steel into a tree trunk without splitting it open - defying all known laws of physics.

In 1995, I launched Healing Tao USA summer retreats in Sedona Arizona. There were 55 people at my Inner Sexual Alchemy retreat (Lesser Kan & Li).

Our Qi field was so intense a professional psychic hastily left early, mumbling there "are too many spooks" attracted to our group cauldron. These are ghosts, soul fragments that are attracted to our clear light portal we open back to Origin.

After it was over, I lay down in my adobe casita to digest the Qi. It was a cloudless, peaceful blue sky Arizona day. This was shattered by a sudden explosion, a boom so loud it caused me to raise up 2 feet off the bed! I thought it was a rogue air force jet breaking the sound barrier, flying at low altitude above me.

A friend ran up, flung open my door, and shouted: "Did you see that? A lightning bolt struct right in front of your door!!!". I later checked – no electrical storms within a 100 mile radius. No plausible outer weather explanation.

My Inner Sage told me it was a Wood Dragon guardian that threw "a friendly lightning bolt of approval" at my teaching inner alchemy in the West.. A Taoist alchemy classic mentions adepts may trigger thunder and lightning when the gates of their destiny portal (*ming men*) open wide.

Another weather oddity at my Sedona launch: 75 people gathered on the south rim of the nearby Grand Canyon for a Summer Solstice ceremony to call in the Fire Dragon. The sky was cloudless.

But as we began, clouds appeared and gathered into the shape of a giant Sky Dragon. It was a marvel to behold.

5 Immortal Planetary Dragons & 9-Spiral Numerology



"9-Dragon Walls" exist all over China. The 9-numerology refers to "9-Spiral Turns" needed in Tao inner alchemy to Return to Origin, the main theme of Lao Tzu. Dragons can assist humans

to spiral their Qi through 9 stages of transformation. This completes a Proto-cosmic Orbit: Origin -> Creation (body of Nature) -> Origin.

Qi never flows in a straight line; it always spirals. Chinese dragons spiral Qi to move physically or between dimensions. Dragons are masters of spiraling.

If humans can absorb or capture higher frequencies of Qi, it's a quick way to raise our vibrational frequency. Dragons can help us shift through our cosmos' three nested Heavens, each filled with spiraling currents of *post-natal*, *pre-natal*, *or primordial Qi*.

Within each of the 3 heavens, our human journey must spiral through three phases of transformation: Jing - Qi - Shen (JQS), or Substance - Subtle Breath - Spirit. 3 heavens x 3 JQS phases = 9 spiral turns to Return to Origin.

In resonance with this, Gaia has a 9-layered Energy Body, from surface to core. In her center is a portal to *wuji*, the Supreme Mystery, the Multi-verse's womb that is eternally birthing our cosmos (*taiyi*, Great Oneness).

Every human Energy Body is a fractal or micro-mirror of Gaia, with 9 subtle bodies (physical, sexual, emotional, mental, soul etheric, etc.) that links us to a Galactic Energy Body and then to Origin.

When dragons appear to "die", or depart after functioning in the physical plane, they don't leave a pile of dead bones. They simply shape shift back into one of the nine layers of Gaia's Energy Body.

It's the same case with the Yeti, Big Foot, Abominable Snowman. Many sightings, footprint evidence, but impossible to capture a solid body.

Likewise, dragons never really die. They express mostly through the water element, the most fluid aspect of Gaia, or whatever name is given to our planet's Being.

As long as Gaia lives, dragons will live. The Five Dragons (*wu long*) famous in Chinese myth and literature are like our human Yin five vital organ spirits (heart, kidneys, etc.), only on a macro-cosmic scale.

Gaia's Five Dragon Spirits are too vast to ever materialize in separate physical dragon bodies. They are viewed by the Chinese as an integral part of her main planetary body.

Local Dragons as Ley Lines & Water Body Guardians



China Dream Trip group meditates on the dragon line pulsing through the Great Wall, prior to doing Primordial Tai Chi (wuji gong) to capture its Qi. This "dragon training" happens on every Dream Trip. Next trip: Sept. 6 -22, 2024.

The Great Wall extends 4000 miles across northern China, built to keep out invading tribes of "barbarians". It's spiral path in mountain areas has been likened to a great dragon dance.

It is the Five Dragons' secondary surface dragon projections who may choose to take physical form, or not. The Chinese claim dragons prefer to live in watery bodies, like to support human abundance, and infuse the land as ley lines (western name).

Much of *feng shui* is the mapping of these *surface dragon lines*, to tap into their beneficial energy.

Gaia is the first deity in Greek cosmology, who formed herself into Earth. She gave birth to Typhon, a monster with 100 dragon heads. She has 4 great granddaughters, the four seasons.

China has a similar deity, called *Pangu*. This is the oversoul or "great spirit" (*da shen*) who sacrificed an easy life in formless Heaven to embody as the "planetary soul" we call Mother Earth.

Many ancient cultures accept a similar idea of a living cosmic being. Plato in 5th cen b.c. spoke of a World Soul. Hindus believe in a *para-atman*, the "above-soul" that generates all human souls.

In the Chinese zodiac, dragons embody the central Earth element. In the 5-Phase Control Cycle, Earth regulates (dams) Water. This fits with Chinese views of dragons as regulating all local bodies of water. The early Chinese culture heroes built dam systems, aided by dragons.

The Earth element also harmonizes the other four elements (Fire, Water, Metal, Wood). Each element or season has a Great Dragon regulating it. The total team of five-colored dragon spirits

(wu long) project Gaia's body-mind cycles onto its physical surface as seasons and psychic patterns of Humanity.

Are Chinese Descended from Dragons?



Dragon culture is extra strong in China. The Han Chinese (92% of mainland ethnic groups) refer to themselves as "the descendants of dragons".

This belief has persisted for nearly 5000 years. A pop song written in 1980 titled "We are Descendants of the Dragon" has since become an un-official national anthem, promoted even in communist party media.

What is the root of this belief? Is it because China has a lunar and geo-centric culture, and Western cultures are helio-centric? Note that "christos" in ancient Greek meant "solar logos", was absorbed into Christianity. This may have its root in ancient Egypt; the name for Cairo was *Heliopolis*.

Super-channel (= talks to multiple entities at same time) Robert Shapiro in his *Explorer Race* books posits China's "yellow race" rose from the astral interior of deep Earth. They shifted into physical bodies, the first race to live on its surface.

Shapiro claims the white, brown, black, and red human races descended from the stars as transplants that were accepted and integrated into Gaia. His theory is plausible for the following reasons:

1. It explains the Chinese deep sense of embodiment.

2. It accounts for China's choice of *Earth* as the center ruler of five elements vs. *ether* or *space* in all other elemental traditions around the world. The Emperor was given a mandate to rule a symbolic field of 9 squares, the central square being Earth.

3. It matches Taoist acceptance of Nature as the primary spiritual teacher. This differs from the other-worldly, off-planet deities and heavens that define most religions.

4. It explains why the Chinese feel so close to dragons and see them as revered ancestors.

In this theory, dragons regulate spiraling 5-phase seasonal and collective psychic forces, as an integral part of the spinning body of Mother Earth. As a planetary team they birthed the Chinese race to the surface.

If you can accept Earth as a living being that has birthed and is sustaining 8 billion humans, it is *not* a big stretch to accept that dragons are part of her process.

If Gaia is the body of our "mother", perhaps it would help to see the Five Dragons as aunts and uncles, and thus family ancestors of the Chinese.

China has many human-dragon hybrid legends that align with this theory.

It was common for every village in China to have a dragon temple to maintain harmony with local dragons, who were treated as kings.

Dragons in these temples are often depicted as a humanoid, dressed in a royal costume on a throne, but with a dragon head wearing a king's headdress.

China's folk religion has hundreds of millions of followers. All across China, even today there are sacrifices and processions annually to local dragon kings.

Chinese hybrid "dragon kings" of local bodies of water are similar to Hindu *nagas*. These are half-human, half-serpent beings recorded across southeast Asia for over 2000 years.

Modern Chinese grow up hearing stories about a woman who gave birth to a dragon. She was frightened and ran away. The baby dragon eventually became the God of a nearby river and was greatly revered.

5. This theory of deep earth origins of the Chinese is based on a higher dimensional science, but does not conflict with material science timelines of human evolution.

This theory fills in the "missing link". It posits that monkey DNA template was infused by Gaia (and her 5 dragons) with higher consciousness to become the first homo sapiens.

Biologists have no explanation for the sudden surge of intelligence, language, humor, death rituals, etc. in a very short period. Scientists admit that random gene mutation, which is well-measured, is much too slow to cause these rapid changes.

6. This deep earth origin theory is not to be confused with "Intelligent Design", which is a religious theory of divine intervention by a ruler God, but without naming the deity.

Likewise, Tao cosmology has no ruling deity, only a self-arising Qi field. It's similar to quantum field theory, only the Qi field is intelligent, loving, and has free will, which it steps down into all the Beings it births.

In the Tao map, our cosmos is a *sphere-archy*. All beings arise spontaneously and directly from a common source of unity into a nested spheres of Early formless and Later form heaven (Earth).

Free Will is distributed to all as their birth right. No one has to beg for freedom from outside entities or priesthoods.

Inner alchemy uses the democratic nature of this sphere-archy to align, internalize, and crystallize the collective Free Will of the cosmos into their personal Energy Body. This happens in stages, and is initially stored in an Inner Sage, the higher-dimensional aspect of a human.

Dragon ability to spiral Qi is key to this evolutionary Tao process. Spirit has to spin clock-wise to step itself down into matter and linear time.

Matter must spin counter-clockwise to shift back into spirit. Humans who align their energy with dragons can speed up their spiritual evolution.

Dragons are depicted as spinning into a super-concentrated Pearl or Elixir of Immortality. After doing qigong + inner alchemy meditation, I've had numerous experiences of being condensed into a super-heavy ball, and unable to move for an hour.

This is also a Hindu Siddha described by Patanjali. This "Qi ball" or "Pearl" is the vessel that allows creative expression to continue after physical death. See Taoist One Cloud's <u>9 Formulas for Achieving Immortality</u>.

Intelligent Design is based on a religious *hier-archy* model. The Designer is a divine orchestra conductor at the top of a pyramid, controlling the worker-beings below to produce a symphony created by The Designer.

The Designer's symphony could include dragons. One problem is that religious beliefs and priesthoods may hijack The Design of Nature for their own ends. Take the famous medieval story of St. George slaying an evil dragon.

In the legend, George agreed to kill the dragon only if *all* the town people agreed to convert to Christianity. St. George's true agenda was not about love or stopping evil, but about building the power of the Church. He was promoting it as more powerful than God-created dragons (Nature).

History and Origin of Dragons



China's first national flag, in late Qing Dynasty (1644 - 1912), had a dragon on it. It tapped into the dragon power of the Yellow Emperor, the first dynasty ruler of 5000 years ago,

The dragon Ying Long helped Yellow Emperor (Huang Di) defeat Chiyou, the God of War, who had an invincible bronze head. His super-powers derived from being a dragon-human hybrid.

After completing his reign, the Yellow Emperor was immortalized into a dragon and ascended to Heaven.

The *Classic of Mountains and Seas* (5th cen. b.c.) is one of China's most influential early texts. It claims the dragon *Zhulong* ("Torch") birthed the entire universe from its body (similar to Greek myth of Gaia).

This text claims ALL the early Chinese culture heroes were conceived by human mothers who copulated with dragons. This included the Yellow Emperor, Fu Xi, the Divine Farmer Shun, and many others. This may be the oldest written source of the still strong Chinese belief they are direct dragon descendants.

There are references to dragons in over 100 Chinese classic texts.

Dragons are a root racial and cultural memory that unifies and defines the Chinese people. Many Chinese today believe dragon virtues were bestowed upon the Yellow Emperor, their revered first culture hero.

They feel proud that these virtues were transferred to modern Chinese by ancestral lineage.

ADD I ching turtle dragon

The Chinese character for "civilization" is the same as "writing". A widely accepted legend credits a dragon with inspiring Chinese writing. Early culture hero Fu Hsi (Fu Xi) was crossing the Lo River when a "horse-dragon" surfaced beside his boat.

The dragon had a unique pattern of dots on its shell. Fu Xi converted these into Chinese writing. He also used them to create the Yin-Yang trigrams of the I Ching (*yi jing*). This divination scripture is the foundation text of both Taoism and Chinese culture.

I wrote a paper describing how these dragon dots were converted into I Ching trigrams, and are part of a musical cosmology that today is evolving into a modern sacred science. <u>Download PDF</u>:

The Dragon-horse (sometimes a Dragon-Turtle) legend parallels the belief of many scholars that Chinese writing evolved from pictographs on oracle bone divination.

Oracle bones were gradually replaced by I Ching divination during the Zhou dynasty. The point is the widespread belief that dragons were seminal to the birth of Chinese civilization.

By contrast, "dragon" did not enter the English language until the 13th century from French *dragon*. It derived, via Latin, from the Greek verb "to see", linked to a serpent with "a deadly glance". Greek mythology is heavily dragon-centric, second only to China.

Dragons appeared very early in the Near East. The Bible has many references in Old Hebrew to *tannim*, translated as "dragon" or "great serpent":

And God prepared the great **dragons**, and every living creature that is creeping, which the waters teem with... and God saw that it is good. - Genesis 1:21

Chinese dragon art is the oldest in the world. Dragon jade emblems and stone motifs have been found in many Neolithic Period (10,000 - 2,000 b.c.) sites in China. A dragon statue dated to 5,000 b.c (7,000 years ago) is the oldest known dragon figurine on earth.

In the Shang and Zhou dynasties (1600 - 300 b.c.) there are many stories about physical dragons being trained, often for royal families. There is a painting on silk of a man riding atop a dragon from 500 b.c.





L: Jade dragon ornament, Warring States (403–221 b.c.).

R: Dragon vase, Han dynasty (100 b.c.)

The first Han dynasty emperor (206 b.c.) claimed he was conceived after his mother dreamed of a dragon.

Chinese New Year dragon dances, dragon boat races, Lantern Festivals -- all likely originate as rituals to appease or invoke dragons to bring abundance, especially rain for farmers.

In early China a dragon was always benevolent, wise, and just. The emperor sat on the *Dragon Throne*. In later dynasties, only the emperor could wear robes decorated with dragons that had 5 claws. Lesser nobles had to settle for 4 claws. Dragon robes were a hidden power, worn underneath an outer coat.

For much of the last 2000 years commoners could be executed if they put a dragon image on everyday personal articles or on their home. Dragon power was strictly for royalty

Dragons have been seen, interacted with, imaged, and written about by countless Chinese over many millennia. All of this supports the theory that the Chinese race originated in the astral body of the earth, giving them direct kinship with earth-centric dragons.

Red Dragon Spinning Pearl Orbit



I shared stories of one dragon merging into me, and another zapping me with a thunderbolt after an alchemy retreat. Please do not limit your spiritual path by thinking, "Oh, Michael Winn is karmically lucky, he has a dragon guardian. But I don't".

The reality is that dragons are here to serve ALL of humanity. Mother Earth loves All her eight billion children that she birthed into the physical layer of her planetary Energy Body.

Gaia bathes with her divine pure love the good, the bad, the beautiful and the ugly. All these polarities drive evolution. Struggle forces us to become more creative.

Random gene mutation and survival of the fittest instinct are secondary factors. They are the not the primary drivers of the evolution of consciousness and soul destiny.

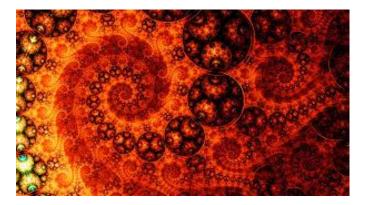
Dragons are teachers in Gaia's "home school program" for humans. Anyone can safely invite dragon Qi into their personal Energy Body. As Above (Earth as macro-cosmos), so Below (human as micro-cosmos).

Inviting contact with a dragon requires focused spiritual will. The combo of clear soul intent, the courage to ask for contact, and a Pearl-vessel to hold the dragon Qi.

I learned the Red Dragon Orbit in 1999. Note the numerology of triple 9 that year, and 9-Dragon Walls as symbols of "9-turn alchemy".

The Orbit is one of the oldest Taoist meditations to capture dragon Qi. It internally spin a Pearl around the body's three dantian ("elixir fields"). These three energy centers (head, heart, navel) resonate with the three Tao heavens, and concentrate the three Jing-Qi-Shen powers of each heaven.

For more details on the 9 phases of this cosmology and alchemy journey of transformation, see: One Cloud's 9 Formulas for Immortality.



The *Mt. Wudang Red Dragon Spinning Pearl Orbit* is designed to connect the Many - our physical body and rainbow of light on Earth's surface, back into the clear light and pure love of the Great Oneness *(taiyi)*.

The 9-phases of Jing-Qi-Shen pulse every nano-moment between core Oneness and surface bodies of Many-ness. But the speed of Creation is vibrating too fast for most humans to consciously witness, much less engage.

Dragon 5-Phase Qi acts as a go-between Gaia as portal to Origin and humans on the surface. The Red Dragon Spinning Pearl Orbit is a specific way to slow down the speed of higher causal forces.

This allows adepts to channel this faster vibrating Qi into their 8 Extraordinary soul vessels. These in turn over flow into the 12 regular vital organ meridians, boosting human health and supplying the energy needed for each soul to complete its highest destiny.

The physical plane is vibrating very slow and steadily. The Red Dragon Orbit captures and infuses higher dimensional Qi and spins it into into our personal Energy Body.

Chinese dragons are wingless, and propel themselves by internal spiral force. This allows them to shift density by spinning their body between dimensions. The Red Dragon Orbit is a valuable tool for training this skill.

Adepts blessed with learning the Red Dragon Orbit can use it to more quickly spiral from beginner to PhD in cultivating spiritual immortality. The goal is not physical immortality, but accumulate energetic skills that will survive physical death and allow creativity in higher dimensions.

The Red Dragon Orbit was developed by Snake Tribe Taoists on Mt. Wudang, a range with 72 sacred Tao peaks. Snake in 12 Animal zodiac is actually a baby dragon.

Snake has a Fire nature, vs. Earth nature for dragons. Snake Fire is hidden within the earth, hence their choice of naming their orbit after a Red Fire Dragon.

This highly secret Red Dragon Orbit was shared by "oral transmission only". It was orally transmitted to a young western boy by a Taoist monk kicked off Mt. Wudang during the Cultural Revolution (1966-76). It is 10x more powerful than all the dozen other Orbit methods I tested.

I made three trips to Mt. Wudang, but never found anyone who knew the Red Dragon Orbit (nor *wuji gong*, aka Primordial Tai Chi, another Mt. Wudang treasure).

But it's curious how the Red Dragon Orbit was transmitted to the West by a Wudang Taoist to a young American boy. He was taught the use of a dragon's spinning pearl, but not how to invite a dragon itself into the process.

I tested various methods of inviting in spiral force from the Five Dragons to spin the adept's orbiting pearl. I'm sure the Snake Taoists used a similar process, confirmed by my Inner Sage. I found even Western total beginners can easily capture dragon Qi and use it to to empower their Orbit.

My job as a teacher is to give adepts a method, plus "permission" to claim their natural right to call in the spinning essence of a dragon. It's *not* overly esoteric. It's easily within the reach of ordinary mortals.

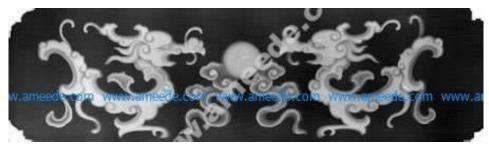
I recommend cultivators use a *green pearl* in the Red Dragon Orbit practice for a few weeks to explore the nature of the 2024 Wood Dragon. After Spring Equinox, best to return to the element-color pearl best suited to your personal constitution.

Inviting a dragon into the Red Dragon Orbit's spinning pearl may require a shift in beliefs about dragons.

A step-by-step guide is offered in my workshop, <u>Medical & Spiritual Qigong Fundamentals</u> <u>1&2</u>. It's a process, manageable by anyone.

The key point is we don't need to wait for dragons to miraculously physically appear in our lives. If you sincerely call a "mini-dragon" to spiral into your Energy Body, it will come. It's part of a dragon's spiritual duty.

Dual Dragons Guard Portal to Origin



Chinese art often depicts a pair of dragons chasing or fighting over a luminous, flaming pearl.

"Our deepest fears are like dragons, guarding our deepest treasure."

— Rainer Maria Rilke

The pearl is associated with spiritual energy, wisdom, prosperity, power, immortality, thunder, or the moon. Internal alchemists use the pearl as a vessel to hold subtle layers of virtuous Qi accumulated over a lifetime of self-cultivation.

The micro-cosmic inner spiral of two entwined dragons is the symbol of the left (yang) and right (yin) core channels guarding the neutral Yuan Qi in the core channels that connects every human back to Origin (Source).

These two dragons must be brought into perfect Yin-Yang harmony before they will allow the adept to enter the "holy of holies" in the core of our Energy Body.

The archetype of dragons as gate keepers is also found in Greece. A famous example is Jason fighting a gate keeping dragon to get to the golden fleece. It was a symbol of the golden elixir in alchemy that opens the portal to Origin.

In China the dual dragons are protecting the Great Oneness (taiyi) from being corrupted by imbalanced or non-virtuous Yin-Yang forces from lesser realms.

Dragon in China's 12-Animal Zodiac



"O to be a dragon, symbol of the power of Heaven!"

— Marianne Moore poem "O To Be A Dragon"

Dragon is 5th in China's 12-year cycle of 12-animals zodiac. It's in the top tier trinity of power animals, along with Rat (1st) and Monkey (9th). Every fourth year in the zodiac is a top power animal.

Dragon symbolizes power, noble leadership, high honor, good luck, and success. They are extremely independent. Some dragon qualities overlap Leo in Western astrology, though Leo is Fire and Dragon is Earth.

Dragon is the only animal in the zodiac depicted as being a hybrid of features and attributes from the other 11 Animals.

Dragon's middle 5th position reflects its power of rulership. There are Five Planetary Dragons (*wu long*) said to control seasonal cycles and manage the global 5-Phase psyche from deep within the Earth being.

Dragons from the four cardinal directions - e.g. Black Water Dragon of the North, Green Wood Dragon of the East, etc. - surface at cycle nodal points of solstices and equinoxes. These four nodal points are the best time to contact and harness dragon power.

I do a ceremony aligning my intent with each dragon's power at these nodal times. The midpoints between Equinox and Solstices are the transition day between seasons (approx Nov. 6, Feb. 4, May 6, Aug. 5).

These four seasonal nodal mid-points are different from Western seasons, which begin on Equinox and Solstice exact dates. On these nodal days each seasonal dragon spirals back into the 5th Golden Earth Dragon of the Center.

The dragon gets renewed while in deep earth between seasons. Its seasonal element transmutes within Gaia's heart-womb. It then emerges as the next season, as a new colored dragon.

Change of Season: Primordial Tai Chi Dragon Ceremony



Primordial Tai Chi spirals continuously back to Origin. The adept never leaves the neutral center of the spiral.

On each inter-nodal point day, I do a special dragon ceremony to celebrate the new season, as is common in China.

Sample Dragon Ceremony, Step-by-Step

- 1. On Feb. 4, 2024, start of spring, I faced east, direction of wood.
- 2. I stood in *wuji* posture (= state of relaxed surrender) for two minutes.
- 3. I internally bathed my body with green Qi vapor, flooding in from my *ming men* (Gate of Destiny), the portal to Origin between my two kidneys.
- 4. I invited the new season and (in 2024) annual Green Yang Wood Dragon to merge into my personal Energy Body.

- 5. I did Primordial Tai Chi, 13th cen. form downloaded by alchemist Chang San Feng, at Mt. Wudang.
- 6. I make a specific request to the Green Dragon, to broadcast my intent to the whole
- 7. I allowed my body to do extra spirals in each movement, feeling the Green Dragon was writhing and dancing within my body.
- 8. I sat and meditated with Green Dragon, asking it to guide my actions and fulfil my Highest Destiny in 2024.

Primordial Tai Chi, aka wuji gong, is my favorite ceremonial movement form for connecting to dragons.

Why? Many reasons. One is the form is designed to alchemically concentrate Original Breath (Yuan Oi) into a tangible Pearl.

This imitates the classic dragon depiction of either single or dual dragons chasing or guarding a Pearl. The form moves my body in continuous dragon-like spirals. It ends with a 9-spiral hand movement around the lower dantian (navel). This symbolizes gathering Qi in 9-Turns from all directions, returning it back to Origin.

Article on Primordial Tai Chi: How Does It Grow Self-Love?





The key to mastering cyclic change is to ride the new energy – this year a dragon. Ask the dragon to co-create your Highest Worldly Destiny.

The 2024 Heavenly Wood element (spring season) combines with Dragon Earth Animal, only once every 60 years. Last Wood Dragon Year was 1964. This combo in 2024 supports vision, vitality, adventure, and focused creativity, infused with wood element kindness, nurturing, and generosity.

In 1964, the Wood Dragon helped kick off the wild re-invention of Western culture. There was an explosion of sex, drugs, rock'n roll, and free love. It was a celebration of new spiritual paradigms, largely from the East, the direction of the Wood Dragon. It challenged mundane, boring suburban life, and the soul-constricting excesses of materialism.

2024 is a great time to put your heart's deepest desire into action, as the Wood Dragon will blow a strong warm wind in your sail. It's a year for people who want to change the world, or make great leaps in their personal destiny.

In China, dragon is the most popular year to have children. More people are born in Dragon years than any other animal year.

Personal Note on "Dragon Year Children"



Dragon carvings in my living room guard my home cauldron. Blue Ridge mountains in distance have their own dragon spirits.

"Much unlike a mortal who hurts the ones they love, a dragon's love is forever and as pure as a peaceful dove." — Anonymous

"Dragon Years are good for having kids" reminds me of my Spring 2022 newsletter on <u>The Tao</u> of Finding a Soul Mate.

I invited any woman brave (or fool hardy) enough to consciously conceive a Divine Love Child, to contact me.

My Inner Sage says conscious conception is the best way to birth new immortals. They are needed to guide future generations as Heaven-on-Earth is birthed.

Sage insists I support this mission by consciously conceiving another child. It's not on my personal agenda, so initially I resisted. But I have little choice but to surrender to my Inner Sage - IF the right woman proposes to partner on this Over Soul-designed mission.

Wood Dragon Year 2024 is a great time to step out of the shadows and explore my offer...:). This is for someone attracted to high, dragon-level spiritual mission. It's not about ego-centric romance.

Dragon allies can assist in the conscious conception process. For a human soul to enter a female egg, hundreds of sperm must first spin the egg at the right speed.

The harmonic love frequency of the egg, the sperm, and their spin can attract a soul with a high spiritual destiny. As spin-masters, Dragons can act as multi-dimensional mid-wives.

I recommend any couple trying to conceive a child get familiar with dragons via the Red Dragon Orbit and invite one in at the moment of conception. I believe it will improve chance of fertilization of a divine Love Child.





One of my spiritual guides, whom I accept to be an immortal, told me dragons had stopped materializing in the physical plane and shifted into the astral. He didn't say why or when.

Later investigation by my Inner Sage revealed they shifted in the 13th century, and will not return to physicality until around 2500. c.e. (400 years from now).

Why the shift? Sage says it was to allow Humanity time to explore deeply its material nature, without interference from super-natural beings.

This aligns with Austrian psychic Rudolf Steiner, founder of Anthroposophy. He saw scientific materialism as a temporary but needed phase to purge excess superstition. He predicted materialism will eventually be integrated into a spiritual science. Curious that Steiner knew almost nothing of Taoist spiritual science.

I'm in the vanguard of this movement, with my reframing of Qigong + Inner Alchemy meditation + all schools of energy work + astrology into a *Loving Energy Science*.

Dragons in China have a reputation for a wide range of supernatural powers. They can condense into a tiny silkworm, or expand to fill our entire universe. This parallels the skills of human inner alchemy adepts, who use dragons as natural allies in shape-shifting their Energy Body.

There are five primary dragons (wu long) that control the global psyche and rule the five elements from deep within Pangu's Energy Body. The 5th cen b.c. text *Guanzi* says dragons can fly lazily in majestic clouds, hide in water, or turn into water, or change color at will.

Chinese vs. Western Dragons: Different Creatures?



Western dragons have wings and descend from the sky. Chinese dragons have snake-like bodies that spiral to rise up from deep earth and sea.

Western dragons are fire-breathing creatures with aggressive desires, both good and bad. Chinese dragons lack wings, are often seen as a composite of different animals.

They are more spiritual, a cultural symbol of righteous rulership, prosperity, good luck, a rain deity whose watery Qi fosters natural harmony and abundance.

My Inner Sage assures me all dragons, East and West, have the same origin. It is human religious and cultural filters that create the differences. Historians note that some very early Chinese dragons had wings, but those gradually disappeared.

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Science vs. Spiritual View of Dragons

For a long time, I bought the rational Western story -- that dragons are mythical beasts, not real. One explanation was the giant "dragon bones" found in China's soil were from dinosaurs, and that cultural imagination filled in colorful but false dragon details.

Anthropologists speculate that ancient farmer cultures were desperate for rain and invented dragons to project their desires upon. This doesn't explain why cultures with no way to communicate with each other, would all invent dragons as rain-makers and powerful creator gods.

These "rational" science theories do not explain the power of dragon lore globally and their widespread acceptance and influence -- especially strong in ancient and modern China.

Most scientists are empirical materialists. It means anything outside their "flatland 3-D or 4-D reality" is un-real, not testable in a lab. But this is not a reason to spiritually dumb yourself down, just because they have a narrow agenda focused on matter.

I love material science. It's the natural evolution of *external alchemy*, the manipulation of tangible elements. It has countless practical applications.

But empirical science knows absolutely nothing of the life-death cycle of a human soul journey through multiple dimensions. It has nothing to say about love, free will, ethics, the deep universal desire for peace and unity, or the evolution of higher consciousness.

Why should we expect material scientists to have any spiritual wisdom, or be experts on dragon beings?

In the context of Tao cosmology, dragons are *real beings*. They are embedded in a living cosmos that is conscious and self-arising (*ziran*) within the Tao, with their own level of substance and free will.

Taoists view the earth, sun, moon, planets, and stars as natural *beings* with a unique purpose (*de*). These beings are not random dumb globs of dust and plasma.

Their natural physical bodies arise direct from Origin (*taiyi*, Great Oneness). This gives them natural integrity and a root spiritual power not held by religious deities or math equations wholly invented by human imagination.

A similar view is held in the West by followers of Immanuel Velikovsky (author, *Worlds in Collision*) and the modern *Electric Universe* school of "living plasma" science.

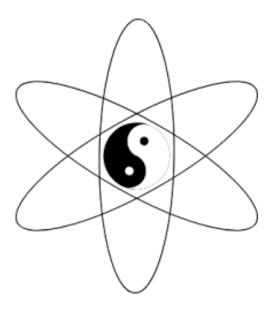
They seek to move science beyond its outdated, math-based Standard Model, and accept that ancient myths are evidence of real events and planetary beings.

To accept dragons as *real beings* requires a cosmic model of a living, conscious Qi Field. It steps down Free Will into what Lao Tzu calls "the ten thousand things". Most scientists cannot accept this, but that will change as future generations of "naturally awake" scientists are born.

Variants of this "living cosmos" model already exist in many ancient cultures. In the Tao cosmology map, *all natural things* have bodies constructed on harmonious Yin-Yang and 5-Phase elemental principles.

All things naturally seek to Return to Origin, the main theme of Lao Tzu's *Tao Te Ching* (The Way and Its Inner Power).

Dragons & Science of Quantum Organics



The Living Cosmos theory is not just a quant illusory belief system of ignorant, pre-science cultures. The handful of quantum physicists who study consciousness have concluded that consciousness itself is the property of a universal field, which exists prior to the arising of individual bodies within that field.

This "conscious quantum field" view directly opposes the view of materialists hunting for an elusive God-Particle in order to prove the sovereignty of matter. Science is inevitably circling back to accept what the ancients have known all along.

For a summary of quantum consciousness studies, see Dirk Meijer's *Quantum Physics in Consciousness Studies*

Note: this paper is 111 pages. If busy, just read the conclusion: that a field of universal consciousness, or "monist idealism", is the only model that fits the numerous quantum studies of the human mind.

When material scientists finally accept the finding of these quantum physicists, *Quantum Mechanics* will be forced to evolve into *Quantum Organics*. They will have to acknowledge that dragons likely exist in some dimension, evidenced by the widespread global perception of them.

In this Quantum Organics model, dragon entities could function through a part of the quantum field that has condensed into the planetary being we call Mother Earth.

Taoists I've met in China (on my 22 Dream Trips) claim the planetary being (*Pangu*) has nine layers of subtle Qi bodies. In this future model, dragons may be neutrally described as spiral forces willfully moving through those nine layers, with the potential to physically materialize.

An evolutionary synergy between humans and dragons may be discovered. Human imagination may be needed to crystallize dragons or activate their shift into physicality. Intensity of will may become a measurable factor in this new quantum science.

But even without being visually perceived, dragon-like spiral forces could control planet-sized energy fields and shape the elementals that control its weather and water element that dominates surface life.

When I'm training my student to invoke and interact with dragons, I always say: "if you are afraid of dragons, or refuse to believe they exist, simply reframe your intent to invite in natural spiral energies, offshoots of our planet's spin."

Is this any different than physicists classifying quarks by left or right spin and their color? Physics determined long ago that every particle in our cosmos is spiraling, that nothing moves in a straight line.

Does quantum consciousness thoery make our universe one designed by, or made for dragons?

Ancient Chinese texts claim dragons "listen vibrationally" using its horns, not its ears. This is a symbolic way to describe dragons as shaping high causal fields using sound. Texts describe a lump on their forehead, perhaps a residual Third Eye, that allows dragons to rapidly ascend physically and dimensionally.

Dragon Yin-Yang numerology in these texts suggests they carry the power of divine harmony. A dragon has 117 scales, 81 yang (9x9), and 36 yin (6x6).

A dragon won't show up under an electron microscope. They need a different scope. Perhaps a mechanical "dragon scope" will be invented someday. But a dragon scope in organic form already exists.

This organic scope is called the human mind. Humans are capable of materializing and communicating with subtle Beings using:

- 1) our faculty of subtle body knowing,
- 2) focused imagination, i.e. use Free Will to manifest.

See section on Red Dragon Orbit as an example of calling in dragons.

Parallels between Dragons and UFOs



Dragons are in a situation similar to UFOs in the West. Both defy the "laws" (aka materialist beliefs) of Big Science and Big Govt.

Dissecting the dis-information campaign against UFOs may open your mind wider to seeing more clearly that if UFOs and aliens are real, dragons are real beings.

Note: do not confuse dragons with the alien Reptilian species.

In my view, if you don't believe aliens exist, you are living in the dark ages of mind-control propaganda. Some folks don't want to know.

Millions of people have seen UFOs, or been abducted, had their eggs or sperm used to hybridize children in space ships, or had "missing time".

According to my friends in high positions, and well documented, the U.S. military has been testing and developing alien technology (cf. *Area 51* in Nevada) for at least 75 years.

I was married to an ET-human hybrid named Joyce Gayheart. She was 10 percent E.T. – enough that ships would regularly visit her. What's the purpose of this hybrid program? The ET's wanted to track her evolution, to extract the unique spiritual secrets of humans.

Joyce had marks on her third eye where they were drilling at night, until she woke up and banished them. Individual human Free Will is more powerful, at a higher frequency than alien group-mind will.

Joyce was the subject of an interesting book, *Under One Sky*, by Healing Tao adept Rafi Nasser. Twelve schools of astrology blindly analyzed her chart. It shows how humans construct different maps of reality, vs. Joyce's own story of her very spiritual life. Joyce's website.

Hundreds of pilots, police, military, scientists have testified to UFO and alien reality. Search *Disclosure Project* for more details. But the official story is still one of denial. Governments want to *control* public perception by sustaining the belief we live in a controllable 3-D reality.

Like UFOs, dragons threaten that safe, tame science-government "matter-only" narrative. Very few humans look beyond the exotic dragon features to consider their larger destiny: My Inner Sage summed up the Very Big Dragon Picture.

"Gaia Herself is a dragon being. Her spherical body spins in space like a giant pearl. She spirals through galactic time cycles on a dragon journey of Self-exploration.

"The humans living on Gaia's surface are along for the thrilling ride. But most are too scared to look over the edge and fully witness the vastness of higher dimensions within Her."

Conclusion: Benefits of Belief in Dragons as Real Beings



Everyone is born into or buys into a belief system, usually on a spectrum of deity religion-culture- material or living energy science.

We use our beliefs to shape our reality and guide our life choices. We shop for a new computer, guided by science beliefs. At a funeral, we switch to our religious beliefs, even though they conflict with our science beliefs.

Dragons may seem distant and not practical to believe in. What's the benefit to us?

1. Belief in dragons opens the door to experiencing our multi-dimensional nature. That is a prerequisite to high spiritual achievement.

Believing in dragons is a "baby step" towards imagining spiritual immortality.

If you cannot imagine spiritual immortality, it will never manifest.

What are the "belief consequences" of dumbing yourself down into 3-D?

You will die, likely after living a less than remarkable life. Your organ spirits and memories will be re-cycled. No blame, no judgement. The Qi Field is inherently neuetral. There is no entity on High that cares whether you were a sinner or a saint.

The Life-Force (Qi Field) is all forgiving of you as a part of itself.

Its inner nature is Pure Love and Oneness.

It will adjust to your beliefs and life choices, and regenerate new souls as needed.

It's all cosmic process.

But what level of process are you playing in?

Will it just be YOU that missed the opportunity to become an eternal co-creator of dazzling and joyous new cosmic harmonies?

2. You are on the Tao path of Qi cultivation. Belief in dragons can help to expand your personal Energy Body and the power of your imagination – the most important divine gift.

Belief in dragons will connect you to the Planetary Energy Body.

3. Your belief in dragons will attract powerful new allies. You will feel more comfortable in navigating the reality of Inner Earth.

There are anti-incarnation forces, largely anti-female, that tried to demonize the creative spiritual fire in Mother Earth's heart-womb as the fires of Hell. They want to scare you away from discovering the truth of Her spiritual and material love.

It's an anti-embodiment agenda, pretending there is a higher dis-embodied heaven far away. But it's empty of creative love.

Don't fall for it.

The Three Treasures of Tao - Heaven, Earth, and Humankind - occupy the same space at the same eternal present moment. You don't need to go anywhere.

Be Here Now.

4. Belief in dragons will become a healthy spiritual habit. Your mind will open wider. You will find yourself diving deeper than you ever thought was possible.

Earth Dragons are	just a stepping ston	e to other planetary a	and star beings. If you	cannot accept
dragons are real be	eings, how will you	ever relate to more s	ubtle star beings?	

5. The Chinese people never lost their love for dragons in the last 5000 years. It is in their blood, a key part of what makes them Chinese. It is part of their collective ground – a lesson to other cultures.

6. I'll close with a quote from J.R.R. Tolkien, who fueled the modern Western love of dragon lore:

"In my timid body, I did not wish to have dragons living in my neighborhood.

But the world that contained even the imagination of dragons was richer and more beautiful, at whatever cost or peril.

It simply isn't an adventure worth telling if there aren't any dragons."

— J.R.R. Tolkien, The Hobbit (1937), Lord of the Rings trilogy (1955)

Blessings on Our Creative and Loving Way, *Michael Winn*