

Dragon Year 2024 Live Tao Events

Taught by Michael Winn



NEW Office Manager: Geoffrey Bernard



Email to register for events: info.healingtaousa@earthlink.net

or call (828) 808-8100

Geoffrey Bernard, office manager

Geoffrey is a Senior Adept in the Healing Tao system. He can expertly answer your questions.

Many thanks to Zachary Fant for his years of loyal service. He's off to Acupuncture College.

LIVE Tao Events (Live = *In person*, not “live online”)

SPRING 2024 TAO EVENTS

1. March 16 & 17, 2024 (Sat/Sun 9 – 6 pm)

Fusion of Five Elements 1

Emotional Alchemy

Dissolve Negativity & Cultivate Original Feeling of Self-Love. Create an Elixir-Pearl to Store Spiritual Essences



Practical Emotional Inner Alchemy methods for managing the feeling layer of the personal Energy Body. This is part of One Cloud's foundational Inner Alchemy Formula.

It integrates 5 phase Qi cycles in your emotions with your biological and spiritual life. I have evolved this material to include "Taoist Depth Psychology" more suitable for Westerners.

Learn to control your inner psychic weather, nurture your inner powers and natural virtues, and especially how to "eat" or dissolve negative emotion and egoic reactivity. Find out where your feelings originate and their true purpose.

Learn to reverse the loss of Qi flowing out thru your senses, how to alchemically gather an Inner Pearl, the essence of your original self. Very powerful tools for working on yourself, and centering the energy body.

Course is mostly meditation, plus "Nourish the Five Shen" Qigong for emotional body. Pre-req: Fundamentals 1 & 2, live or audio-video. Good to have Fundamentals 3 & 4 if possible, the rooting is key to managing emotions. But it's not a pre-requisite.

I strongly recommend adepts learn Fusion 1 before diving deep into sexual energy cultivation practices. If you don't learn to manage your emotions, sexual energy can amplify buried chronic stuck or trauma patterns and amplify them – a very uncomfortable process.

Contact: info.healingtaousa@earthlink.net or call (828) 808-8100 office manager

Location: Michael Winn's home in Asheville, N.C. Quiet, secluded, with a Crystal Stone Circle & spectacular views of Blue Ridge Mountains.

After you register, directions will be sent to you. If you plan to rent an Air B&B for the weekend, there are many within short distance.

FUSION HOME STUDY Courses

Can't make it to a live workshop? Get the home study course. It's cheapest to get the entire Fusion1-2-3 audio-dvd package:

Fusion 1 Audio only, hard-shipped, refundable. This page has the fullest description of course details:

<https://healingtaousa.com/product/fusion-of-five-elements-1-emotional-alchemyaudio-cds/>

Refundable hard shipped package: Fusion 1-2-3:

<https://healingtaousa.com/product/fusion-of-the-five-elements-1-2-3-digital-packageemotional-psychic-alchemyaudio-cds-8-extra-vessels-qigong-dvd/>

Non-refundable instant download Fusion 1-2-3: <https://healingtaousa.com/product/fusion-of-five-elements-1-2-3-download-package/>

2. March 22, 2024 Friday 7:15 – 10 pm

FREE EVENT - RSVP required to:

info.HealingTaoUS@earthlink.net

**Spring Equinox + New Moon
Green Dragon of East Ceremony
& Crystal Bowl Sound Alchemy Concert**

by Michael Winn

- Exact Equinox: is late evening of March 20. 2024
- New Moon begins Thursday March 21, adding power to the Equinox. The moon will still be dark on Friday March 22, more convenient weekend time.

A very powerful conjunction of Equinox and New Moon, to supercharge whatever you want to GROW.

- One hour sitting meditation
- Location Michael Winn’s home.
- RSVP Required: info.healingtaoUSA@earthlink.net

Driving directions will be sent.

Wear Green clothing item.

Create INTENT (affirmation + strong feeling) what you want to GROW.

Bring a healthy refreshment.

3. May 25 – 26, 2024: Sat/Sun, 9 am – 6 pm

Fusion of Five Elements 2 & 3

Psychic & Soul Alchemy

Open Macro Orbit – the 8 Extraordinary Vessels linked into a single flow of Soul Qi

Internal bagua (octagonal energy shape) stabilizes the 8 Extraordinary Vessels

Secrets of growing a powerful Energy Body
[br]• Supercharge spine in spirals of golden light

- [br]• Open thrusting, belt, arm & leg channels
- [br]• Heal chronic illness & deep pre-natal trauma
- [br]• 8 Extraordinary Vessels Qigong (on DVD)
- [br]• Pangu Mystical Qigong (on DVD)

9 Major Benefits of Fusion 2 & 3:

<https://healingtaousa.com/fusion2.html>

The 8 Extra Vessels connect the inner and outer Qi field, and allow you to “dance” between your inner soul and outer personality’s life. The Wudang Mountain version of the macro-cosmic orbit is the most powerful internal method

I’ve found for integrating 8 Extra Vessels into a continuous flowing circuit.

This Wudang Mountain version of the macro-orbit lays a foundation for opening Qi flow between the 8 Original Forces of Universe (I Ching 8 trigram – 8 tones or “8 cosmic

winds”). A powerful “8 Extra Vessels” qigong form makes this practice simple to remember. It heals deep psychic imbalances not reached by acupuncture.

Many mysterious chronic illnesses can be healed at this deep channel level, much faster than using acupuncture or herbs working on the 12 regular meridians.

This opening of Qi flow in the Eight Extra channels links your pre-natal and post-natal energy bodies, i.e. the deep structure of how you birth yourself each moment. This is why the training also opens up psychic abilities.

These abilities are simply the result of having clear channels for communication between the soul and the personality.

We’ll learn to purify our aura & regulate our Energy Body with belt & thrusting channels. We’ll give and Receive Qi from the environment with Positive & Negative Arm & Leg channels.

Another practice taught is my “9 Spirals of the Energy Body” in the four directions to integrate the Five Shen with the Five Directional Dragons. This practice connects the internal flow of your macro-cosmic orbit out to the edge of the universe and back! A wonderfully empowering and healing journey.

This course lays a strong foundation for Healing Love and Water & Fire (Kan & Li) Inner Sexual Alchemy.

\$144. for weekend, \$72. deposit to hold space.

Pre-req: Microcosmic Orbit & 6 Healing Sounds (Qigong Fundamentals 1 & 2), live or by home study. You can learn the energy channel work of Fusion 2/3 without doing the emotional body/inner pearl work of Fusion 1. But it is optimal to first learn Fusion 1.

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email: [email-obfuscate email=”info.healingtaousa@earthlink.net“]

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Summer 2024 Tao Retreats

Healing Tao University, Asheville N.C.

<https://healingtaousa.com/healing-tao-retreats/>

Note: HealingTaoRetreats.com has been folded into main site, is not longer active.

Geoffrey Bernard Registrar
(828) 808-8100

- **Weekly Tuition only \$595. – an incredible value!**
- **Discounts** for multiple retreats, Jr/Sr., foreigner, instructor
- **Book your own housing (Air B&B) & meals (address given when you register)**
- Plan to arrive **Friday afternoon in Asheville, meet 7 pm** Friday to start retreat. End following Wednesday at noon.
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Week 1: June 21 – 26, 2024 (Fri-Wed)

1a. Medical & Spiritual Qigong Fundamentals 1- 4

+ Sat June 22, 2024 Summer Solstice + Full Moon ceremony (for retreat only)

Week 2: June 28 – July 3, 2024 (Fri-Wed)

2a. Healing Love: Taoist Sexual Secrets

Michael Winn and female co-teacher, t.b.a.

Week 3: July 5 – 10, 2024 (Fri-Wed)

3a. Inner Sexual Alchemy (Lesser Kan & Li):

Heal Inner Male-Female Soul Split

Week 4: July 12 – 17, 2024 (Fri-Wed)

4a. Sun-Moon-Earth Alchemy: Greater Kan & Li

Heal bloodline ancestral issues, embrace Energy Body of Gaia. Main theme: “Embrace the Earth & Heaven will chase you”.

Week 5: July 21 – 26, 2024 (Fri-Wed)

5a. Star Alchemy:

Seal the 5 Senses, Embrace 12 Over souls to increase Causal Power.

Sept. 6 – 22, 2024

China Dream Trip

Cultivate “Qi of the Immortals” on 2 famous Sacred Tao Mountains (Mt. Azure Truth & Flower Mtn). Do Primordial Tai Chi and Big Dipper Star Stepping Qigong and meditate in 9 of China’s most powerful and ancient Taoist Temples.

Special Bonus: Visit Hangu Pass, where Lao Tzu transmitted the Tao Te Ching in 500 b.c. This may have the highest spiritual energy of any place in China. Adepts on the 2016 Dream Trip felt spiritually intoxicated here.

About Michael Winn



Michael Winn has decades of international teaching experience in Tao medical, martial, & spiritual arts. He's been to China 21 times, has studied over 100 qigong & tai chi forms with dozens of masters.

He has cherry-picked the best Qi forms or created his own to empower the most Effortless Way for his students.

Winn was a founder and two-term President, National Qigong Association; founded Healing Tao University, the largest USA Tao arts summer program, located in the Blue Ridge Mountains near Asheville, North Carolina.

He is president of the non-profit Dao Alchemy Research Institute, was founder and 9 years Chairman of the Healing Tao Instructor's Association, and co-founder of the Council of 9 of the Universal Healing Tao (abroad).

He has taught internationally on five continents and at Omega's Super Qi Summits. He regularly speaks at international conferences of Taoist/Daoist scholars and is on the editorial board of the Journal of Daoist Studies.

Winn has authored ten Tao home study video-audio courses, written dozens of articles and book chapters. He is co-author or actual writer of Mantak Chia's first 7 books, including the classic *Taoist Secrets of Love: Cultivating Male Sexual Energy*.

His eBooks include *Way of the Inner Smile*, *Five Animals Qigong*, and *Primordial Tai Chi & Tao Inner Alchemy: Way of Enlightened Whole-Body Self-Love*(forthcoming in a 7-volume "Bamboo Scrolls" ebook series).

Winn lives with his young son in a simple log home in the mountains near Asheville, N.C. He has a private qigong & shengong therapy practice (skype/phone or live)..

Michael Winn's ebook, *Way of the Inner Smile*, a \$20. value, is available FREE (subscribe to newsletter on homepage of <http://www.HealingTaoUSA.com>).
